

# 2017 Outdoor Track & Field Individual Results

# FROSTBURG



ECAC

Championships  
Westfield State  
University  
Westfield, Ma.  
5/17-18/2016

UMW Open  
University of Mary  
Washington  
Fredericksburg, Va.  
3/18/2017

Jim Taylor Invitational  
Susquehanna  
University  
Selinsgrove, Pa.  
3/25/2016

Bobcat Invitational  
Frostburg State  
University  
Frostburg, Md.  
4/1/2016

Messiah  
Invitational  
Messiah College  
Grantham, Pa.  
4/6-8/2016

Hopkins Invite  
Johns Hopkins  
University  
Baltimore, Md.  
4/14/2016

CAC Championships  
University of Mary  
Washington  
Fredericksburg, Va.  
4/21-22/2016

Paul Kaiser Classic  
Shippensburg  
University  
Shippensburg, Pa.  
4/29/2016

Jim Thorpe Invite  
Penn State  
University Park, Pa.  
5/5/2016

|                  |
|------------------|
| Sidonie Brown    |
| Erin Early       |
| Keileen Estrada  |
| Michala Garrison |
| Samantha Gittere |

|                  | UMW Open<br>University of Mary<br>Washington<br>Fredericksburg, Va.<br>3/18/2017 | Jim Taylor Invitational<br>Susquehanna<br>University<br>Selinsgrove, Pa.<br>3/25/2016 | Bobcat Invitational<br>Frostburg State<br>University<br>Frostburg, Md.<br>4/1/2016 | Messiah<br>Invitational<br>Messiah College<br>Grantham, Pa.<br>4/6-8/2016 | Hopkins Invite<br>Johns Hopkins<br>University<br>Baltimore, Md.<br>4/14/2016 | CAC Championships<br>University of Mary<br>Washington<br>Fredericksburg, Va.<br>4/21-22/2016 | Paul Kaiser Classic<br>Shippensburg<br>University<br>Shippensburg, Pa.<br>4/29/2016 | Jim Thorpe Invite<br>Penn State<br>University Park, Pa.<br>5/5/2016 | ECAC<br>Championships<br>Westfield State<br>University<br>Westfield, Ma.<br>5/17-18/2016 |
|------------------|--|---|--|---|--|--|---|---|--|
| Sidonie Brown    | 800-Meter<br>2:45.29 (10)<br>1500-Meter<br>5:46.18                               | 800-Meter<br>2:38.42 (26)<br>1500-Meter<br>5:38.34 (41)                               | 1500-Meter<br>5:45.62 (7)  | 800-Meter<br>2:43.36 (33)<br>1500-Meter<br>5:46.64 (38)                   | 800-Meter<br>2:41.88 (27)  | 800-Meter<br>2:53.66 (15)<br>1500-Meter<br>5:35.75 (11)                                      | 800-Meter<br>2:38.92 (41)   |   |  |
| Erin Early       |  | 100-Meter Hurdles<br>18.88 (15)<br>400-Meter Hurdles<br>1:15.97 (20)                  | 100-Meter Hurdles<br>16.69 (1)<br>400-Meter Hurdles<br>1:16.13 (2)                 |   | 100-Meter Hurdles<br>16.46 (11)  | 100-Meter Hurdles<br>16.19 (9)<br>400-Meter Hurdles<br>1:13.05 (11)                          |   |   |  |
| Keileen Estrada  |  | 400-Meter Hurdles<br>1:08.75 (7)<br>Triple Jump<br>9.67m/31ft. 8.75in (10)            | 400-Meter Hurdles<br>1:10.48 (1)<br>Triple Jump<br>10.27m/33ft. 8.5in. (2)         | 400-Meter Hurdles<br>1:12.48 (9)  | 400-Meter Hurdles<br>1:09.28 (5)<br>Triple Jump<br>9.99m/32ft. 9.5in. (14)   | 400-Meter Hurdles<br>1:10.18 (7)<br>Triple Jump<br>9.84m/32ft. 3.5in.                        | Long jump<br>4.90m/16ft. 1in. (25)<br>Triple Jump<br>10.77m/35ft. 4in. (10)%        |   | Triple Jump<br>10.5m/34ft. 5.5in. (6)  |
| Michala Garrison | 800-Meter<br>2:28.84 (1)<br>1500-Meter<br>5:32.31                                | 800-Meter<br>2:29.72 (17)<br>1500-Meter<br>5:23.28 (35)                               | 800-Meter<br>2:32.96 (5)<br>1500-Meter<br>5:17.93 (4)                              |   | 800-Meter<br>2:30.94 (24)  | 800-Meter<br>2:27.81 (8)   |   |   |  |
| Samantha Gittere |  | 100-Meter Hurdles<br>17.45 (10)<br>400-Meter Hurdles<br>1:12.73 (17)                  |  | 100-Meter Hurdles<br>17.21 (13)<br>400-Meter Hurdles<br>1:14.76 (13)      |  |  |   |   |  |

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|------------------|---|---|--|--|--|--|---|---|--|
| Carol Gotte      | 5000-Meter<br>20:30.52 (7)  | 10000-Meter<br>42:52.84 (7)   | 1500-Meter<br>5:35.87 (5)<br>5000-Meter<br>21:08.31 (2)                            | 10000-Meter<br>43:24.12 (6)  |  | 5000-Meter<br>21:16.04 (15)<br>10000-Meter<br>44:45.09 (10)                                  |   |   |  |
| Lauren Halvorson |   |   | 800-Meter<br>2:58.61 (10)<br>1500-Meter<br>6:11.65 (9)                             |  |  |  |   |   |  |
| Zoe Harris       | Shot Put<br>9.72m/31ft. 10.75in. (6)<br>Javelin Throw<br>37.13m/121ft. 10in. (1)% | Shot Put<br>9.81m/32ft. 2.25in. (17)<br>Javelin Throw<br>34.82m/114ft. 3in. (12)      | Shot Put<br>10.31m/33ft. 10in. (1)<br>Javelin Throw<br>34.33m/112ft. 7in. (1)      | Shot Put<br>9.59m/31ft. 5.75in. (25)<br>Javelin Throw<br>35.85m/117ft. 7in. (4)% | Javelin Throw<br>28.95m/95ft. (10)   | Shot Put<br>10.54m/34ft. 7in.(12)<br>Javelin Throw<br>37.52m/123ft. 1in. (1)%                | Shot Put<br>10.67m/35ft. 0.25in. (18)<br>Javelin Throw<br>36.37m/119ft. 4in. (9)%   | Javelin Throw<br>38.08m/124ft. 11in. (3)                            |  |
| Kala Herbert     |   |   | Triple Jump<br>10.43m/34ft. 2.75in. (1)  |  |  |  |   |   |  |
| Raynisha Johnson |   | 100-Meter<br>14.09 (31)<br>200-Meter<br>29.56 (43)                                    | 100-Meter<br>14.05 (6)<br>200-Meter<br>29.71 (7)                                   |  |  |  |   |   |  |

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|                |  |  |  |  |  |  |  |  |
|----------------|--|--|--|--|--|--|--|--|
| Jayla Jones    |  |  |  |  |  |  |  |  |
| Destiny Logan  |  |  |  |  |  |  |  |  |
| Heather Martin |  |  |  |  |  |  |  |  |
| Sarah McCurry  |  |  |  |  |  |  |  |  |
| Karen Murtaugh |  |  |  |  |  |  |  |  |

800-Meter  
3:00.46 (11)  
1500-Meter  
6:16.11 (10)

800-Meter  
2:56.30 (50)  
1500-Meter  
6:01.84 (45)

400-Meter  
1:02.61 (1)

200-Meter  
27.09 (P)

200-Meter  
26.99 (23)  
400-Meter  
1:01.70 (17)

100-Meter  
15.52 (16)  
Pole Vault  
2.28m/7ft. 5.75in. (3)

100-Meter  
15.48 (38)  
Pole Vault  
2.45m/8ft. 0.5in. (13)

100-Meter  
15.55 (8)  
Javelin Throw  
15.20m/49ft. 10in. (8)  
Pole Vault  
2.44m/8ft. (1)

Pole Vault  
2.40m/7ft. 10.5in. (13)

Sarah McCurry

800-Meter  
2:55.64 (8)

800-Meter  
2:59.95 (53)  
1500-Meter  
5:50.36 (39)

5000-Meter  
21:22.97 (17)

5000-Meter  
21:33.76 (16)

Karen Murtaugh

Shot Put  
6.76m/22ft. 2.25in. (16)  
Discus  
21.19m/69ft. 6in. (12)

Shot Put  
7.23m/23ft. 8.75in. (10)  
Discus  
20.34m/66ft. 9in. (8)

Shot Put  
7.35m/24ft. 1.5in. (43)  
Discus  
20.24m/66ft. 5in. (44)

Shot Put  
6.83m/22ft. 5in. (25)  
Discus  
21.96m/72ft. (23)

Discus  
20.19m/66ft. 3in. (16)

Discus  
18.69m/61ft. 4in. (34)

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Gabrielle Petty

Elaine Saxton

Mackenzie Smith

Keirstin Tawney

Kayla Truesdel

800-Meter  
2:57.35 (9)  
1500-Meter  
6:24.93 (11)

800-Meter  
2:53.21 (46)  
1500-Meter  
6:04.96 (48)

800-Meter  
2:54.56 (30)  
1500-Meter  
6:35.86 (47)

Shot Put  
8.76m/28ft. 9in. (11)  
Hammer Throw  
29.26m/96ft. (8)  
Javelin Throw  
22.75m/74ft. 8in. (5)

Shot Put  
9.74m/31ft. 11.5in. (19)  
Hammer Throw  
31.26m/102ft. 7in. (16)  
Javelin Throw  
22.98m/75ft. 5in. (31)

Shot Put  
8.89m/29ft. 2in. (5)  
Hammer Throw  
30.25m/99ft. 4in. (3)  
Javelin Throw  
25.66m/84ft. 2in. (5)

Shot Put  
9.14m/30ft. (32)  
Hammer Throw  
29.88m/98ft. (22)  
Javelin Throw  
23.68m/77ft. 8in. (30)

Shot Put  
9.20m/30ft. 2.25in. (22)  
Hammer Throw  
28.17m/92ft. 5in. (24)  
Javelin Throw  
21.04m/69ft. (15)

Shot Put  
9.26m/30ft. 4.75in. (20)  
Hammer Throw  
31.17m/102ft. 3in. (13)  
Javelin Throw  
21.99m/72ft. 2in. (14)

Shot Put  
9.57m/31ft. 4.75in. (27)  
Hammer Throw  
32.11m/105ft. 4in. (21)  
Javelin Throw  
22.50m/73ft. 10in. (35)

100-Meter  
13.71 (8)  
200-Meter  
30.23 (16)

100-Meter  
13.80 (5)  
200-Meter  
28.74 (4)

100-Meter  
13.48 (8)  
200-Meter  
28.48 (21)

100-Meter  
13.59 (10)  
200-Meter  
28.47(P)

100-Meter  
13.58 (36)  
200-Meter  
28.77 (51)

Shot Put  
8.29m/27ft. 2.5in. (14)  
Hammer Throw  
18.23m/59ft. 10in. (16)  
Javelin Throw  
12.44m/40ft. 10in. (7)

Shot Put  
7.61m/24ft. 11.75in (37)  
Discus  
25.92m/85ft. (20)  
Hammer Throw  
22.66m/74ft. 4in. (28)  
Javelin Throw  
12.17m/39ft. 11in (34)

Shot Put  
7.64m/25ft. 0.75in. (8)  
Discus  
19.25m/63ft. 2in. (10)  
Hammer Throw  
18.10m/59ft. 4in. (8)  
Javelin Throw  
11.85m/38ft. 10in (9)

Shot Put  
8.16m/26ft. 9.25in. (39)  
Discus  
21.52m/70ft. 7in. (40)  
Hammer Throw  
22.97m/75ft. 4in. (32)  
Javelin Throw  
12.51m/41ft. (37)

Shot Put  
7.97m/26ft. 1.75in. (24)  
Discus  
20.12m/66ft. (25)  
Hammer Throw  
28.28m/92ft. 9in. (23)

Discus  
24.24m/79ft. 6in. (15)

Discus  
21.99m/72ft. 2in. (32)

100-Meter  
12.14 (2)%  
200-Meter  
25.13 (1)%

100-Meter  
12.61 (1)%  
200-Meter  
25.92 (1)%

100-Meter  
12.33 (2)%  
200-Meter  
25.00 (1)%

100-Meter  
12.65 (3)%  
200-Meter  
25.83 (1)%

100-Meter  
12.22 (3)  
200-Meter  
24.67 (5) \*\*

NCAA Championships  
Mount Union-Alliance, Ohio  
200-Meter  
25.29 (15)

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|-------------------|---|--|--|---|--|---|---|--|
| Holly Van Wie     | Shot Put<br>9.96m/32ft. 8.25in. (5)<br>Hammer Throw<br>34.02m/111ft. 7in. (5)                         | Shot Put<br>10.57m/34ft. 8.25in. (9)<br>Hammer Throw<br>38.67m/126ft. 10in. (6)                          | Shot Put<br>10.12m/33ft. 2.5in. (2)<br>Hammer Throw<br>40.31m/132ft. 3in. (1)  | Shot Put<br>10.72m/35ft. 2in. (12)<br>Hammer Throw<br>34.41m/112ft. 11in. (12)  | Shot Put<br>11.46m/37ft. 7.25in. (10)<br>Hammer Throw<br>36.98m/121ft. 4in. (12)   | Shot Put<br>11.55m/37ft. 10.75in. (7)<br>Hammer Throw<br>38.86m/127ft. 6in. (6)   | Shot Put<br>11.12m/36ft. 5.75in. (12)   | Shot Put<br>11.12m/36ft. 5.75in. (3)<br>Hammer Throw<br>39.43m/129ft. 4in. (2) |
| Amy Virostek      | 100-Meter Hurdles<br>18.91 (5)<br>400-Meter Hurdles<br>1:17.09 (5)                                    | 100-Meter Hurdles<br>19.41 (16)<br>400-Meter Hurdles<br>1:15.38 (19)                                     | 100-Meter Hurdles<br>18.76 (3)<br>400-Meter Hurdles<br>1:16.57 (3)   | 100-Meter Hurdles<br>18.45 (22)<br>400-Meter Hurdles<br>1:17.20 (16)  | 100-Meter Hurdles<br>17.88 (15)<br>400-Meter Hurdles<br>1:15.72 (9)  | 100-Meter Hurdles<br>17.75 (12)<br>400-Meter Hurdles<br>1:15.33 (15)  | 100-Meter Hurdles<br>18.32 (18)<br>400-Meter Hurdles<br>1:13.88 (19)                |  |
| Victoria Yoder    | 100-Meter<br>13.52 (5)<br>Long Jump<br>4.45m/14ft. 7.25in. (4)<br>Triple Jump<br>9.88m/32ft. 5in. (2) | 100-Meter<br>13.93 (29)<br>Long Jump<br>4.76m/15ft. 7.5in. (4)<br>Triple jump<br>9.81m/32ft. 2.25in. (8) | 100-Meter<br>13.68 (3)<br>High Jump<br>1.37m/4ft. 6in. (2)<br>Long Jump<br>4.63m/15ft. 2.25in. (1)<br>Triple Jump<br>9.90m/32ft. 5.75in. (3)<br>Javelin Throw<br>28.09m/92ft. 2in. (3) | 200-Meter<br>29.24 (3)<br>800-Meter<br>2:58.45 (7)<br>100-Meter Hurdles<br>19.79 (4)<br>High Jump<br>1.35m/4ft. 5in. (4)<br>Long Jump<br>4.47m/14ft. 8in. (4)<br>Triple Jump<br>9.13m/29ft. 11.5in. (17)<br>Shot Put<br>7.50m/24ft. 7.25in. (6)<br>Javelin Throw<br>22.90m/75ft. 1in. (5)<br>Heptathlon<br>2828 (5) | 100-Meter<br>13.51 (31)<br>Long Jump<br>4.29m/14ft. 1in. (24)<br>Triple Jump<br>9.37m/30ft. 9in. (18)<br>Javelin Throw<br>31.45m/103ft. 2in. (6) | Long Jump<br>4.40m/14ft. 5.25in. (11)<br>Triple Jump<br>9.83m/32ft. 3in. (6)<br>Javelin Throw<br>32.77m/107ft. 6in. (5) | Long Jump<br>4.70m/15ft. 5in. (31)<br>Javelin Throw<br>33.45m/109ft. 9in. (12)      | Javelin Throw<br>31.42m/103ft. 1in. (3)  |
| 4x100-Meter Relay |   |  | Smith, Estrada, Logan,<br>Yoder<br>52.33 (2)   | Smith, Estrada,<br>Truesdel, Logan<br>51.50 (3)   |  | Smith, Estrada, Logan,<br>Truesdel<br>51.06 (2)   | Smith, Estrada, Logan,<br>Truesdel<br>49.78 (6)%                                    | Smith, Estrada, Logan,<br>Truesdel<br>48.85 (4)                                |
| 4x400-Meter Relay | Virostek, Garrison,<br>Smith, Brown<br>4:44.10 (4)  | Gittere, Estrada,<br>Virostek, Truesdel<br>4:21.76 (8)   | Estrada, Logan,<br>Garrison, Truesdel<br>4:13.78 (1)   | Estrada, Logan, Gittere,<br>Truesdel<br>4:30.96 (6)   |  | Estrada, Logan, Gar-<br>rison, Truesdel<br>4:12.08 (2)  |   |  |

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